

An abstract painting with vibrant, textured brushstrokes in shades of red, orange, yellow, green, and blue. The colors are layered and mixed, creating a dynamic and energetic visual. The background is the primary focus, with the text overlaid on it.

ERASMUS+ MOBILITY OF YOUTH WORKERS

TAKE A STEP TOWARDS CREATIVITY

INFOPACK FOR PARTNERS AND
PARTICIPANTS

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ERASMUS+ MOBILITY OF YOUTH WORKERS: **TAKE A
STEP TOWARDS CREATIVITY**

01.12.2019 TO 10.12.2019
TRNAVA, SLOVAKIA



Youth for Equality

“We are looking forward to hosting you for our mobility of youth workers project named Take a Step Towards Creativity that will take place from 1st of December to 10th of December in Trnava, Slovakia. Through your participation in this training course you will get the chance to experience life in another country, get to know a new culture and a new language. You will meet new friends – within and beyond your receiving organization. You will carry experience and bring benefits to the local community and at the same time you will develop your own personal, social and professional skills. This Info-Pack will help you prepare for the project that you will be attending. It gives you important information about what you can expect from your Sending and Hosting Organization and what they can expect from you. With this regard, it is recommended that you go through and discuss the Info-Pack with the Erasmus+ coordinator of the Sending Organization. If you have any questions, please do not hesitate to contact us at:
info@youthforequality.sk”

SUMMARY OF THE PROJECT



Initiation to culture and the arts start from early childhood education should be acknowledged across the EU as an essential part of the curricula. Arts can also be used to improve the acquisition of competences, crucial to foster one's creativity and sense of **appreciation of cultural diversity**. Their use can contribute to develop a whole set of key competences, from basic (i.e. language skills through acting) to transversal skills (i.e. logic through juggling) in young individuals. This means we need good trained youth workers in order to be deliver these required skills in youth. For this reason the improvement of youth workers is needed by a training which sensitize them to the importance of culture and favour their activities with creativity and art. The project emphasises also the crucial role of culture in **broadening the access to lifelong learning**, especially for the disadvantaged groups who our partners often work with. Bridging education and culture strategies and policies at EU level to upgrade our young people's skills, increase their employability and especially make them socially included, fulfilled individuals and active citizens is essential in that respect. These areas ARE interlinked and influence each other. To be effective, youth work needs to be more self critical and constantly look for innovations. With this project we are discovering experiences and good practices from the field of **culture and creativity** and exploring how to apply it to work with young people. It is not only about art and creative expression, but it is also about helping each person to find their OWN authentic way of cultural identity and supporting cultural diversity while interacting with others.

AIMS OF THE PROJECT



The aims of the training course are:

- Experiencing culture(art) and creativity by non-formal learning methods
- Learn how this sector can be applied as an approach and NFL tool for youth work – with special emphasis on competency development and youth empowerment.
- To develop particularly competences: cultural awareness and expression (To be creative and express ideas through all possible ways of art. To be appreciative for expression of ideas through different means of art. To be aware of own cultural context and cultural context of others).
- Planning and implementing at least 1 follow-up activity involving learning about culture and art with local young people in each participating country and exploring a way to include it as an approach in youth work.

Participants will:

- become aware of their cultural identity and self-expression
 - enhance their professional skills as youth workers
 - discover the tools and creative activities they can use in youth work
- explore non-formal education and its methods what comes to culture and art
 - become more sensitive towards youngsters with disadvantages
 - unemployed participants will explore more opportunities in labor market regarding culture and art
 - gain motivation to be more active in the field of youth work
- experience working in an intercultural environment, be a part of intercultural learning and be motivated to fight against xenophobia and prejudices
- learn about Erasmus+ and the possibilities it gives to young people and youth workers

PROJECT PARTNERS



TOGEL - Turkey

Sindemos Sistima Kai Genia - Greece

Asociacion Cultural Gremio Luna - Spain

Asociacija Apkabink Europa - Lithuania

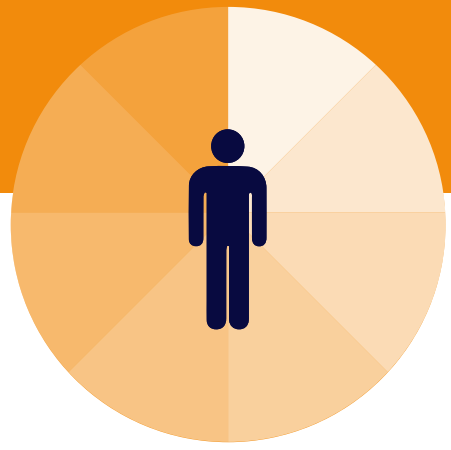
Youth Innovation Ltd - United Kingdom

Eurodemos Youth Mobility NGO - Italy

Zachodniopomorska Wojewódzka Komenda
Ochotniczych Hufców Pracy w Szczecinie -
Poland

Youth for Equality - Slovakia

PARTICIPANT PROFILE



Each of our partner organizations will be represented by **3 of participants** - youth workers, young leaders, peer educators, volunteers who are members of organizations or contribute actively to their youth work.

In order to enable our participants to carry their teachings to the future and their local regions effectively, we decided that the age range should be **18- 35**. In our participant profile, we want to give an opportunity to individuals from each group to be **economically and geographically limited** and thus to give equal opportunities to individuals.

The groups should be equal in terms of the **gender** (2 females + 1 male or the vice versa)

THE criteria: The youth workers should be people **actively working** with cultural and creativity-based studies, be in contact with youth in their local area and should be able to **disseminate and apply their learnings** to the local & national environment.

The total number of participants: **24**

ECONOMIC CONDITIONS



The programme will cover the accommodation and meal costs of the participants. The programme will also cover the travel costs of the participants up to the limit of the budget for travelling approved by the Slovak National Agency of the programme and according the distance calculator, which has designed for organisations taking part in the Erasmus+ programme, in order to calculate travel distances for grant support to individuals/participants. The travel budget of each participant is written according to countries:

Turkey: 275 Euros

Greece: 275 Euros

Spain: 360 Euros

Lithuania: 275 Euros

Poland: 275 Euros

United Kingdom: 275 Euros

Italy: 275 Euros

The Coordinating Organization will order the **bank transfers upon receipt of all the justification documents** as described in justification section, later in the current document, and **only to those participants who have sent on the appropriate period all the originals of their travels and have filled in the Evaluation Form of the Mobility Tool of the Erasmus+ programme** that will be sent to them by the Coordinating Organization. Any doubt regarding the documents gives the right to the coordinating organization to wait for the approval of the final report by the Slovak National Agency in order to reimburse the travel costs.

ECONOMIC CONDITIONS



Travel costs **will be reimbursed to the sending organizations' bank accounts upon the receipt of all the justification documents and only if all the needed documents have been sent to the coordinating organization.**

- Travel costs will not surpass the amounts shown in the list above. This amount includes also local transportation costs (if available) and if the original proof documents have been sent.

The cheapest means of transport should be used.

- Any change of the arrival and departure days as set in this document should be not made without prior permission of the coordinating organization.
- Participants should follow the whole duration of the youth exchange otherwise reimbursement will not occur.

ECONOMIC CONDITIONS



• Reimbursement Procedure:

In the frame of Erasmus+ Programme only the cheapest and most direct routes can be subject of reimbursement within the limits mentioned above (EUR/participant) and presenting the justifying documents mentioned below.

How to provide the needed justifying documents?

- Flight tickets (economic class/low cost if possible) – all the following are needed:
 - ✓ e-ticket (you receive it by e-mail after you buy the flight);
 - ✓ fiscal invoice (ask your travel agency or check on the website where you buy the ticket how can you get a fiscal invoice).

The invoice can be issued on the name of traveler, or on the name of the organisation you represent;

- ✓ boarding pass (you get it online and print it at home 24h-30h before the flight or directly in the airport);
- Train tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice is even better);
- Bus tickets (make sure the date, the itinerary and the price are visible on the ticket, if you can get an invoice it is better);

The documents for coming to Kosice should be given to the coordinating organization during the exchange. **The returning documents must be sent firstly scanned to the coordinating organization and then the originals by post.** The date in the travel documents should be identical with the travel days indicated in the present document.

TRAVELS



How to get to Trnava? (1st and 10 of December as travel days)

You can fly to the mentioned destinations listed below and then switch to the listed transportation options that may suit the best to your budget and your arriving time. **Please consider that your travel budget covers train, plane and bus tickets, but taxi costs will not be covered.**

Flights www.skyscanner.net to

Vienna – then by a bus to Trnava (www.regiojet.sk , www.slovaklines.sk, it takes 1hour and 45 minutes, costs 5-7€ if you buy online). From Vienna airport Regiojet bus company has direct busses to Trnava. Or you can go to Bratislava first, again directly from the airport by Regiojet and switch to train from Bratislava

Budapest – from the airport you have to use a public transport to get to the train station and then to Bratislava and then again by train to Trnava
www.zssk.sk (IC train, 10-15€ one way, duration 3 hours)

Bratislava – from the Main train station to Trnava www.zssk.sk (IC train, around 1 hour of traveling

Krakow – the bus connections to Bratislava www.leoexpress.com
(duration 4-5 hours, here very flexible prices)

!!! IF YOU ARE AN ISIC CARD HOLDER, PLEASE BRING IT WITH YOU TO BENEFIT FROM DISCOUNTS REGARDING TRANSPORTATION, EXCURSIONS AND CITY TAX!!!

SAFETY & INSURANCE



All organizations in co-operation with the participants will proceed for issuing a visa (where required) and issuing for each participant **European Health Insurance Card** (where applicable). More Information about European Health Insurance Card you can reach at the following link:
<http://ec.europa.eu/social/main.jsp?catId=559>

Additional measures will be taken for security of the participants. In this context, it will be created through the cooperation of all, a common ethical code of conduct for the project that will be observed in writing of all and will help to avoid any moral, discriminatory, bad treatment or conflict of the participants.

At the same time all partner organizations will prepare for their participants lists with contact phones in their country, arrival and departure time in the airport of each participant and will send to the Project Manager.

All the sites where the planned activities will be carried out will meet hygiene and safety requirements in accordance with national and European standards. Finally, any transfers will be made by safe means of public transport. Last but not least, each organization will hold meetings with the participants to prepare them suitable for their participation in the activity and also a closed group on Facebook will be created to interact and get to know each other participants and facilitators who will be responsible for the implementation of the sessions.

WHAT TO BRING WITH YOU?



- **Travel documents** as you have to give them when you come, otherwise we will not be able to reimburse the travel costs.

For the reimbursement we need:

- **The tickets**

- **The original boarding passes** (if you take them from the airport) or a copy of the online boarding pass if you do the check in online.

- An invoice for the purchase of the tickets.

- **Any original and validated** ticket for public local transportation either in your country or in Slovakia as part of your journey.

- **The European Health Insurance Card**

- **Cultural materials for your Cultural Nights** (at least one), that represent your country and a traditional food, drink typically consumed in your country, game or a presentation

- **Laptops:** Laptops are not mandatory, but if each national team brings one laptop, it will be helpful for the teams to use digital tools for some of the activities.

- **Thick clothes:** As the project is in December, the weather will be cold in Trnava (around 5 degrees to -5). Thus, please bring comfortable and thick clothes.

If you have any sort of health problems please clarify this on the Participant Questionnaire, or send an email to the coordinating team.

YOUTHPASS CERTIFICATE

To recognize the participants effort and achievements throughout the project at the end of the training course Take a Step Towards Creativity, each participant will receive the **"Youthpass" certificate which is a part of the European Commission's recognition of non-formal learning.** It recognizes the learning process and individual participant reflection on acquiring new skills and knowledge that he/she gained during the course of the particular project. You can get more information here:
www.youthpass.eu

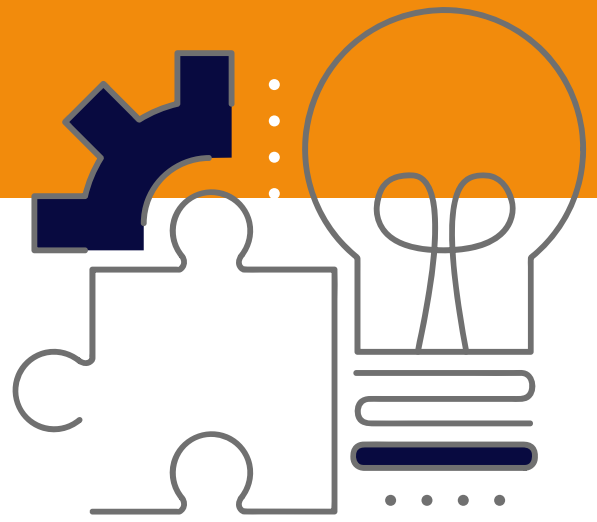
ACCOMMODATION

Details regarding the project venue (the accommodation hotel of the project) will be shared soon!

FOOD

3 courses of meals (breakfast, lunch and dinner) will be offered by the hosting organization. Along with these, coffee breaks will be offered between activities. The dietary preferences of participants (vegan, vegetarian, lactose intolerant, etc.) will be closely cared and your food will be served accordingly. **Thus, please state your dietary preferences in the Participant Questionnaire.**

ACTIVITIES



The final schedule of the activities to be held in the project will be announced soon via email and via the Facebook group to be built for better communication with partners and participants.

Here is the general view regarding the activities:

- Ice-breakers to start day fresh and in positive mood;
 - Creative drama, self-realizations
- Video production, taking entertaining photos and other documentation of activities; using digital tools for multimedia learning
 - Experimental learning activities that require working with hands
- Storytelling activities to internalize & personalize the importance of cultural heritage and creativity
 - Interactive sessions to share knowledge on culture in EU
- Study visits to several cultural heritage areas and offices working with youth empowerment & creativity
 - Innovative methods of brainstorming
 - Discussions in working groups and in front of all participants
 - Interactive presentations, conferences
- Feedback groups- participants will be providing regular feedbacks and in doing so, they will learn more about the way how to increase the quality of their feedback
 - Other participants' proposals of workshops

TO-DO LIST FOR PARTNERS



- a. Be in continuous contact with the hosting organization
- b. Select the participants according to project requirements and the participant selection criterions
- c. Contact with us with any problem of participant selection process
- d. Consult us before purchasing the tickets and ask our help if needed
- e. Make sure all the participants filled out the Participant Questionnaire
- f. Complete the participant selection until 01.10.2019
- g. Complete the ticket purchase until 10.10.2019
- h. Respect to the deadlines
- g. Make sure to disseminate the preparation tasks of participants to your selected groups

TO-DO LIST FOR PARTICIPANTS



- a. Make sure you filled out all the blanks in the Participant Questionnaire
- b. Make sure you identified your preferences in food in the Participant Questionnaire
- c. Contact us if you have other & special requirements before & during & after the project
- d. Keep in mind to save & bring all your boarding passes and tickets (if not, we cannot reimburse your tickets)
- e. Feel free to ask for any help, information, support from us regarding the project
- f. Make sure you have a valid passport and documents for your travel
- h. Make sure you are prepared for the cultural nights (more information will be provided)

Make sure you bring your positive vibes!

DETAILED INFORMATION ABOUT PREPARATION TASKS



The participants will conduct several preparation tasks before they arrive to the project. These tasks will be monitored by the trainers of Youth for Equality and the participants will have the chance to ask their questions and get feedback on a regular basis.

1. Conducting a survey on cultural understanding of societies with 100 people from each country. The questions of the survey will be negotiated with the participants soon.
2. Conducting a research on best 3 practices of cultural development + best 3 practices made to improve creativity of young people in your country. In order to make a better research, the questions to search on will be shared with you soon.
3. Conducting a research on the major problems of your society in terms of cultural enrichment and awareness and creativity building of young people. In order to make a better research, the questions to search on will be shared with you soon.



Erasmus+



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